



Certified Nurse Aide - CNA

Fall or Spring
10 Weeks

****NEW FORMAT****

Mondays & Wednesdays 3:30 – 8 pm
Classroom then Clinical-adding
Saturdays starting October 4 (9 am – 2 pm)

Training Cost: \$1025 (DWD grants are no longer available for this class)

- Cost includes books, state exam and other supplies.
- Students are responsible for covering the costs of a physical, 2 step TB test and scrubs (additional items outlined in the handbook).

Prerequisites:

- High School Diploma or High School Equivalency Diploma preferred

CNA Course Description

CNAs are a vital part of patient care in long term care facilities. They are trained to perform many different tasks, so they are in great demand in the workforce. This course will prepare students to earn a Certified Nurse Aide certification from the Indiana State Department of Health through the study of:

- **Basic Nursing Skills**
- **Being Part of a Nursing Care Team**
- **Infection Prevention and Control**
- **Safety and Body Mechanics**
- **Nutrition and Hydration**
- **Mental Health and Mental Illness**
- **Special Care Skills**
- **Understanding Patient's Rights, as well as legal and ethical issues**
- **Communication and Cultural Diversity**

INTERESTED IN THIS CLASS? Go to <https://centralnineadulted.org/careers/> to register.

Central Nine Career Center Adult Education
1999 US 31 S, Greenwood IN 46143 / 317-888-4401 x222

IMPORTANT TO KNOW:

- The class includes 45 classroom hours & 75 clinical hours. Additional study time required weekly.
- Clinicals are held at Otterbein Senior Living in Franklin.
- Classroom sessions meet Mondays & Wednesdays 4 – 9pm, then starting after the 7th classroom session, the clinical schedule is 4-9 pm, Mondays & Wednesday, plus 9 am – 2 pm on Saturdays.
- Classroom & Clinical sessions do not overlap.
- Missed clinical time is difficult (sometimes impossible) to make up and still meet the state required hours. Perfect attendance is required.
- Students are required to read and sign-off on the CNA Handbook.
- Students are required to get a basic physical and 2 step TB test prior to starting class.
- Students are required to sign an attendance agreement. This class requires perfect attendance. While we understand emergencies can happen, missed classes are difficult to make-up, so must be rare. (sample upon request or see at your orientation). Classroom and clinical hours are mandated by the ISDH.
- Students are required to sign-off on a limited criminal history background check.
- Students must wear hair pulled back, no artificial nails allowed. Tattoos and piercings must be covered (except 1 pair of small post earrings).

More About CNAs

- **Starting hourly rate in Indiana is \$15-\$18. Experienced CNAs can make \$19 - \$28 per hour.**
- **CNA training is a good start in a healthcare career, with employers often reimbursing tuition for RN training.**
- **Must have physical stamina: be able to be on your feet for long periods of time, ability to lift, twist & bend.**
- **Should be tactful, patient, understanding, emotionally stable, dependable**
- **Should have a desire to help people**
- **Provide basic patient care under direction of nursing staff**
- **Perform duties such as feed, bathe, dress, groom, or move patients, or change linens**
- **May transfer or transport patients**
- **Provide patient care under the supervision of nursing staff**
- **Feed, bathe, and dress patients**
- **Help patients move from their bed to the bathroom or to sit in chairs**
- **Provide comfort and company to patients**
- **Change patient's soiled clothing, change bed linens and keep rooms clean**
- **Monitor patients to make sure they are safe and receive assistance when needed**

Why Earn a CNA Certification?

According to the Bureau of Labor and Statistics (BLS), Overall employment of nursing assistants is projected to grow 9 percent from 2018 to 2028, faster than the average for all occupations. As the baby-boom population ages, nursing assistants and orderlies will be needed to help care for an increasing number of older patients.

Opportunities for advancement within these occupations are limited. Aides generally need additional formal training or education to enter other health occupations. The most common healthcare occupations for former aides are licensed practical nurse, registered nurse, and medical assistant.

For some individuals, these occupations serve as entry-level jobs. For example, some high school and college students gain experience working in these occupations while attending school. And experience as an aide can help individuals decide whether to pursue a career in healthcare.