



Certified Nurse Aide - CNA

**Classroom: Tuesdays & Thursdays 4 - 7 pm
plus 75 hours of clinicals (see below for schedule)
8 Weeks**

Training Cost: \$925

- Cost includes books, state exam and other supplies. Scrubs, physical, TB and COVID test included for those using grant funding.

Prerequisites:

- High School Diploma or High School Equivalency Diploma preferred

CNA Course Description

CNAs are a vital part of patient care in long term care facilities. They are trained to perform many different tasks, so they are in great demand in the workforce.

This course will prepare students to earn a Certified Nurse Aide certification from the Indiana State Department of Health through the study of:

- **Basic Nursing Skills**
- **Being Part of a Nursing Care Team**
- **Infection Prevention and Control**
- **Safety and Body Mechanics**
- **Nutrition and Hydration**
- **Mental Health and Mental Illness**
- **Special Care Skills**
- **Understanding Patient's Rights, as well as legal and ethical issues**
- **Communication and Cultural Diversity**

COVID-19 Note: Mask requirements vary based on positivity rates. Due to the nature of the class, social distancing is not possible. A negative COVID-19 test is required to be on file (details at orientation). Attending clinicals requires a health check at each session. Additional requirements vary based on vaccination status. The facility requires the use of medical grade masks at all times.

INTERESTED IN THIS CLASS? Go to <https://centralnineadulthood.org/careers/> to register.

**Central Nine Career Center Adult Education
1999 US 31 S, Greenwood IN 46143 / 317-888-4401 x222**

IMPORTANT TO KNOW

- Clinicals are held at Otterbein Senior Living in Franklin. Starting after the 6th classroom session, the clinical schedule is 4-9 pm, on Monday and Wednesday, then 9 am – 2 pm on Saturdays, in addition to the classroom schedule.
- Missed clinical time is difficult (sometimes impossible) to make up and still meet the state required hours. Perfect attendance is required.
- Students are required to read and sign-off on the CNA Handbook.
- Students are required to get a basic physical, 2 step TB test and COVID-19 test prior to starting class (costs usually covered by grant funding).
- Students with COVID symptoms, exposure to COVID or a positive COVID-19 test may be dropped from the current class. Isolation requirements may prevent class completion. All efforts will be made to work out isolation / quarantine requirements or transfer students to the next class.
- Students are required to sign an attendance agreement. This class requires perfect attendance. While we understand emergencies can happen, missed classes are difficult to make-up, so must be rare. (sample upon request or see at your orientation). Classroom and clinical hours are mandated by the ISDH.
- Students are required to sign-off on a limited criminal history background check.
- The class includes 45 classroom hours & 75 clinical hours. Additional study time required weekly.
- Students must wear hair high pulled back, no artificial nails allowed. Tattoos and piercings must be covered (except 1 pair of small post earrings)

More About CNAs

- **Average Salary in Indiana is \$25,000 - \$30,000**
- **Should be tactful, patient, understanding, emotionally stable, dependable**
- **Should have a desire to help people**
- **Provide basic patient care under direction of nursing staff**
- **Perform duties such as feed, bathe, dress, groom, or move patients, or change linens**
- **May transfer or transport patients**
- **Provide patient care under the supervision of nursing staff**
- **Feed, bathe, and dress patients**
- **Help patients move from their bed to the bathroom or to sit in chairs**
- **Provide comfort and company to patients**
- **Change patient's soiled clothing, change bed linens and keep rooms clean**
- **Monitor patients to make sure they are safe and receive assistance when needed**

Why Earn a CNA Certification?

According to the [Bureau of Labor and Statistics](#) (BLS), Overall employment of nursing assistants is projected to grow 9 percent from 2018 to 2028, faster than the average for all occupations. As the baby-boom population ages, nursing assistants and orderlies will be needed to help care for an increasing number of older patients.

Opportunities for advancement within these occupations are limited. Aides generally need additional formal training or education to enter other health occupations. The most common healthcare occupations for former aides are licensed practical nurse, registered nurse, and medical assistant.

For some individuals, these occupations serve as entry-level jobs. For example, some high school and college students gain experience working in these occupations while attending school. And experience as an aide can help individuals decide whether to pursue a career in healthcare.